



Special Topics in Breast Cancer Rehabilitation: From Cell to Survivorship

TurningPoint Virtual Live Symposium | November 6, 2021

Speaker Biographies

Guest Speakers

Lisa VanHoose, PT, MPH, PhD is an Associate Professor and Program Director in the Physical Therapy Department at the University of Louisiana Monroe. Dr. VanHoose received her PhD in Rehabilitation Science and MPH from the University of Kansas Medical Center. Her Bachelor of Science in Health Science and Master of Science in Physical Therapy were completed at the University of Central Arkansas. She is a Board-Certified Clinical Specialist in Oncologic Physical Therapy. As a NIH, PCORI, and industry funded researcher, Dr. VanHoose investigates socio-ecological models of cancer related side effects with an emphasis on minority and rural cancer survivorship. She has been an advocate for movement of all persons, including the elimination of social policies and practices that are barriers to movement friendly environments. Dr. VanHoose served as the 2012-2016 President of the Academy of Oncologic Physical Therapy of the American Physical Therapy Association.

Deborah Doherty, PT, PhD is the Human Movement Science Department Chair and Associate Professor in the Physical Therapy Program at Oakland University. She is an advanced practitioner in the treatment of patients diagnosed with cancer. Dr. Doherty co-developed the first international online Graduate Certificate for Oncology Rehabilitation Program at Oakland University for physical therapists, occupational therapists, and speech language pathologists, and exercise scientists, which began fall of 2012. She developed the Comprehensive Oncology Rehabilitation Program at St. Mary's of Michigan in Saginaw Michigan and Hills and Dales Hospital in Cass City, Michigan. Her research focus is in Oncology Rehabilitation with an emphasis on Survivorship Programs and Prehabilitation. She serves as the APTA-Michigan representative to the Michigan Cancer Consortium and was awarded the MPTA Oncology Rehabilitation Special Interest Group Honorary Excellence Award and the establishment of the Deborah Doherty Oncology Rehabilitation Excellence award. Dr. Doherty is the owner of a Physical Therapy Private Practice called Center for Survivorship. She treats patients diagnosed with cancer throughout the continuum of care. Dr. Doherty received her BS in Physical Therapy from Northwestern University, her MA Degree from Central Michigan University and her PhD from Michigan State University in Anatomy. She co-edited and authored the textbook entitled: Oncology Rehabilitation: A Comprehensive Guidebook for Clinicians which is being published by Elsevier Publishing Company and will be in print in 2022. She is a fifteen-year breast cancer survivor and a frequent lecturer on the topic of Oncology Rehabilitation to medical professionals and survivors.

Mackenzi Pergolotti, PhD, OTR/L is the Senior Director of Research and Clinical Development for ReVital Cancer Rehabilitation and Adjunct Professor at Colorado State University and at the University of North Carolina at Chapel Hill. Dr. Pergolotti was trained at the University of North Carolina at Chapel Hill where she worked collaboratively with researchers from the Cecil G. Sheps Center for Health Services Research, the Gillings School of Global Public Health, in the Department of Health Policy and Management, the Cancer Research Outcomes Group, and the Geriatric Oncology Program at the Lineberger Comprehensive Cancer Center. Dr. Pergolotti's work has been funded by the National Institutes of Health, National Cancer Institute, UNC Lineberger Clinical and Translational Cancer Outcomes, The North Carolina Translational and Clinical Sciences (NC TraCS) and Programs of Research and Scholarly Excellence at Colorado State University. Her research focuses on access, quality and value of cancer rehabilitation.

Emily LaVoy, PhD is an Assistant Professor in exercise physiology at the University of Houston. She has training and expertise in both immunology and exercise science. The overarching focus of her research program is to understand the effects of physical activity and exercise on the immune system. She is particularly interested in how exercise improves diseases and conditions associated with immune dysregulation, such as cancer and age-related declines in immunity. Her research also asks if infection history influences the relationship between exercise and immune health. Dr. LaVoy's funded, active research program has resulted in many peer-reviewed publications and presentations to regional, national, and international scientific meetings. She has served as principal investigator for a grant from the National Institutes of Health and a grant from the American College of Sports Medicine, as well as a co-investigator for a grant from the National Aeronautics and Space Administration. Dr. LaVoy enjoys long-distance running and cycling, and credits growing up cross-country skiing in Michigan with her initial interest in exercise science.

TurningPoint Speakers

Jill Binkley, PT, MSc, CLT, FAAOMPT is Program Director and Founder of TurningPoint Breast Cancer Rehabilitation, a non-profit 501(c)3 healthcare organization in Atlanta, Georgia. Jill has extensive experience as a clinician and educator in the fields of breast cancer rehabilitation, orthopaedic physical therapy and manual therapy. She is a Certified Lymphedema Therapist and a Fellow of the American Academy of Orthopaedic Manual Physical Therapy. She has over 25 peer-reviewed publications and has presented locally, nationally and internationally on outcome measurement in physical therapy and breast cancer rehabilitation. As a breast cancer survivor, Jill is a passionate advocate for increased attention to the unmet physical and emotional side effects of breast cancer treatment and the role of rehabilitation and exercise in improving the quality of life of breast cancer survivors. Jill is a member of the Academy of Oncologic Physical Therapy of the American Physical Therapy Association and serves on the Editorial Board of *Rehabilitation Oncology*.

Mallory Mark, DPT, PT, CLT, CES is Clinical Director at TurningPoint Breast Cancer Rehabilitation. Mallory received her B.S. in Health Science from the University of Dayton in 2014 and is a 2016 graduate of Chatham University's Doctor of Physical Therapy program. Following graduation, Mallory worked in an inpatient rehabilitation setting with both the neurologic and oncology population. She moved to Atlanta in 2019 and joined the TurningPoint Breast Cancer Rehabilitation team, where she now specializes in providing evidence-based care to individuals impacted by breast cancer. During her time at TurningPoint, Mallory has curated and instructed various patient monthly educational events and served as an instructor for a weekly exercise class. Additionally, Mallory has co-authored a paper titled "Meeting the Rehabilitation and Support Needs of Breast Cancer Patients During Covid-19: Opening New Frontiers in Models of Care Delivery" published in the journal of *Rehabilitation Oncology* in October 2020. She has also presented at Michigan's APTA Fall Conference in 2020 as well as APTA Combined Sections Meeting, with both a platform and poster presentation. Mallory is a Board-Certified Clinical Specialist in Oncologic Physical Therapy, Certified Edema Specialist and Lymphedema Therapist, and an APTA Certified Clinical Instructor and member of the APTA Oncology section.

Carrie Kozel, PT, DPT, CLT, CES is a Senior Physical Therapist at TurningPoint Breast Cancer Rehabilitation, a non-profit 501(c)3 healthcare organization. She holds a Bachelor of Science in Exercise and Sports Science from The University of Georgia and a Doctorate of Physical Therapy from The University of North Georgia. Prior to joining TurningPoint, she was involved in research in women's health and worked in numerous pediatric settings. She presents both locally and nationally and is published in the field of physical therapy. She also has been published for her work in the cancer research field. Over the last 10 years, she has used her diverse skill set to help meet the physical and functional needs of breast cancer patients and survivors. Carrie advocates for this patient population by teaching both physical therapy students and clinicians. She is a certified lymphedema therapist and member of the Academy of Oncologic Physical Therapy of the American Physical Therapy Association.

Janae Finley, PT, DPT, CLT, CES is a Physical Therapist at TurningPoint. She received a BS in Exercise Science from Georgia State University in 2008 and graduated with a Doctorate in Physical Therapy from Emory University in 2012. Following graduation, she worked as an orthopedic physical therapist for 6 years and came to TurningPoint Breast cancer rehabilitation in 2019. Janae now specializes in the evidence-based treatment of patients with breast cancer and has a passion for reducing and eliminating disparities that exist in healthcare. Janae has participated as a lead moderator in the first of four national forums aimed at reducing disparity in breast cancer survivorship and has partnered with local and

national outreach programs to provide equitable care while reducing access as a barrier to care. Janae has co-authored a paper titled "Meeting the Rehabilitation and Support Needs of Breast Cancer Patients During Covid-19: Opening New Frontiers in Models of Care Delivery" published in the journal of *Rehabilitation Oncology* in October 2020. Janae has presented at the APTA Combined Sections Meeting with a platform and poster presentation in 2020. Janae is a certified edema specialist and an APTA Certified Clinical instructor. As a breast cancer survivor Janae brings a unique patient perspective into treating, caring for, and connecting with all patients.

Jessica Waterman, DPT, PT, CLT, CES is a Physical Therapist at TurningPoint and has more than twelve years of experience in the field of women's health and orthopedics. Jessica graduated from Emory University with a Bachelor of Science in Neuroscience and Behavioral Biology in 2006. She then continued her education at Duke University where she received a Doctorate in Physical Therapy in 2009. After working in the field of women's health for many years, Jessica decided to narrow the focus of her practice to treat women and men with breast cancer. She feels that the best part of her job is empowering patients to feel their best.

Hannah Afify, DPT, PT, CLT, CES is a Physical Therapist at TurningPoint. She graduated with a BA in Exercise and Sport Science from The University of North Carolina at Chapel Hill in 2014 and a Doctorate in Physical Therapy from The George Washington University in 2017. She started her PT career at an outpatient clinic in Decatur, GA where she began working with patients in the oncology population and patients with limb loss. Hannah achieved several certifications in the outpatient setting, including Dry Needling, IASTM and blood flow restriction training. Since working at TurningPoint, Hannah has become an APTA Certified Edema Specialist and continues her work in providing evidence-based care to patients of all walks of life. She is passionate about improving patient's access to quality care and promotes this through participation in community events, guest lecturing at local universities and through her APTA certification as a Clinical Instructor.

Kathryn Olive, DPT, PT, CLT is a Physical Therapist at TurningPoint. She graduated with her B.S in Health & Exercise Science from Wake Forest University and went on to receive her Doctorate of Physical Therapy degree from Washington University in St. Louis in 2010. She spent the last decade working in orthopedics, specializing in women's health including pelvic health, pregnancy, lymphedema and breast cancer care. In 2013, she became board certified by the ABPTS as a Women's Health Clinical Specialist.